

MERIDIAN SENIOR CENTER

JANUARY - FEBRUARY 2024 NEWSLETTER

"Celebrate endings - for they precede new beginnings"



Barb likes staying active and attends Jazzercise and Yoga. She also utilizes our Integrative Health opportunities. Barb volunteers her time as Treasurer/Secretary on the MSC Advisory Board. She has visited the center over 110 times this year.



Bonnie enjoys playing Euchre and leads this popular and growing group. She volunteers her time to help luncheons and other special events at the center. She has visited the center over 115 times this year.



Kay enjoys attending special events and parties. She continually supports programming and consistently participates in new center offerings. She has visited the center over 120 times in 2023!

COLLABORATIONS
OVER
50

TOTAL ATTENDANCE
6,211

TOTAL OFFERINGS
1,838

NEW MEMBERS
55

65% OF TOTAL MEMBERS VISITED
THE SENIOR CENTER

- Donald Baron
- Nancy Brown
- Mary Burns
- Patti Campbell
- sally Conley
- Christine Craycraft
- Ed Delude
- Jean Delude
- John Dougherty
- Wendy Dougherty
- Ann Earles
- Sibel El Uzuntas
- Wilbur Elvira
- Steve Freemire
- Lanese Frusti
- Deborah Galvan
- Jerry Halm
- Loretta Halm
- Dave Henley
- Sandy Huntley
- Beverly Hynes
- Diane Johnson
- Jack Johnson
- Ruthann Johnson
- Virginia Keelean
- Bruce Kefgen
- Judy Kefgen
- Susan Kelly
- Joan Kittle
- Rebecca Lawson
- Gwendoline Maisch
- Gloria Mason
- Patricia Masten
- Donald McCubbin
- Marcia McCubbin
- Emmelyn McKillips
- Kevin Monroe
- Suna Monroe
- Barbara Myers
- Linda Nedela
- Susan Nicholson
- Mayuri Patel
- Marie Petersen
- Lynne Raffo
- Marilyn Reilly
- Sharon Senk
- Cynthia Short
- Balaram Singh
- Gregory Smith
- Bridgett Stehouwer
- Suzanne Wilson
- Linda Wolvin
- Kathy Yencich

Welcome

Phone: (517) 706-5045

Senior Center Staff

Email: MeridianSeniorCenter@gmail.com
4000 Okemos Rd, Okemos MI 48864

Coordinator, Cherie Wisdom (517) 706-5059
Cherie.wisdom@okemosk12.net

Visit our Website and find us on Facebook!

www.meridianseniorcenter.weebly.com
www.facebook.com/meridianseniorcenter

Assistant, Jenise Turchan (517) 706-5046
Jenise.turchan@okemosk12.net

SENIOR CENTER NOTICES

MEMBERSHIP AT THE MERIDIAN SENIOR CENTER

Mission Statement: We believe that staying active is a key to physical and emotional well-being for everyone, especially older adults. The Meridian Senior Center was created to provide a friendly, welcoming, atmosphere for persons age 55 and over to gather and engage in programs and social activities. The Senior Center works to provide relevant programs and services to meet the ever-changing lifestyle needs for older persons throughout the community.

Annual Membership:

Single Township Resident membership is \$25 /Single non-resident membership is \$35

Couple Resident membership \$35 / Couple non-resident membership is \$45.

The 2024 Membership year begins on January 9 – December 20th 2024. Thank you to the many who have already sent in their membership form and dues. If you are unsure if you have already paid feel free to contact staff and we will be happy to check.

You can find the 2024 membership application is on page 7 of this newsletter.

SENIOR CENTER CLOSINGS

- **January 1st – 5th:** Winter Recess
- **Monday, January 15th:** Martin Luther King, Jr. Day
- **Monday, February 19th:** Presidents Day
- **March 25th – March 29th:** Spring Break
- **Monday, May 27th:** Memorial Day



MONDAY E-NEWS

The Meridian Senior Center weekly E-News is a great way to receive information and updates in between the bi-monthly Newsletters. If you have an email address but haven't been receiving the Meridian Senior Center weekly E-News, you can contact us to be added to the email list at 517-706-5045 or by email at: meridianseniorcenter@gmail.com

MEMBERSHIP KEY TAG USE

Remember to check in using your membership card each time you visit. Using your membership card allows senior center staff to keep accurate records of attendance and to share important reminders. If you are planning on visiting the center and have lost your card please give us a call or stop by the office to have a new one issued. Lost membership card/keys tags are replaced one time at not charge. Thereafter, a \$2 replacement fee will apply. Thank you!

INCLEMENT WEATHER REMINDER

The Meridian Senior Center follows the Okemos Public Schools calendar for school closings with the exceptions of summer break. The Senior Center will be closed all major holidays and when Okemos Public Schools are cancelled due to inclement weather. Please be sure to check our Facebook page, or your local TV and radio stations before heading out in questionable weather. We would also like to remind you to watch for ice and snow in the parking lot and on the sidewalks. Every effort will be made to have these areas removed of snow. We encourage you to be careful.

ADVISORY BOARD MEMBERS

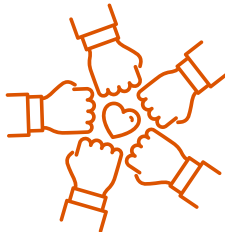
President: Margaret Frisch

Vice President: Ralph Frisch

Treasurer/Secretary: Barb O'Kelly

Board Members:

- Diane Dufner
- Jean McDonald
- Steve Vagnozi
- Ellen Portnoy



ADVISORY BOARD MEETINGS

The Advisory Board meets the first Wednesday of each month at 11 am. Meetings are open and all are welcome to attend. We are looking to fill a few spots on the board. If you are interested in helping to guide the future of the senior center please contact Board President, Peg Frish.

BECOME A VOLUNTEER

Advisory Board members: To act as an ambassador to the Meridian Senior Center and to help guide the center's programming and outreach. This is a 6 month commitment.

Reception: Mostly to make sure people check in. Help with setting up programs, data entry, filing, organizing information station and bulletin board



FITNESS CLASSES

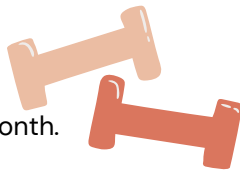
JAZZERCISE LO

Mondays and Wednesdays

Begins January 17th

10 am - 11 am Cost: Varies each month.

Instructor: Mary D.



YOGA

Tuesdays

January 9th - February 27th

11:30 - 12:30 pm

Cost: \$80 Members / \$115 non members / \$12 Drop in

Instructor: Piril A.

Bring a friend and both get 50% first session of 2024

TAI CHI FOR ARTHRITIS

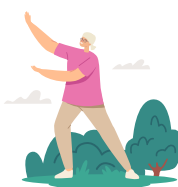
Wednesdays

January 10th - February 28th

2:00 pm - 3:00 pm

FREE thanks to a grant from MSU

Instructor: Sheilah H., MSU Extension



TAI CHI FOR ARTHRITIS & FALL PREVENTION PART 2

Wednesdays

January 10th - February 28th

3:00pm - 4:00pm

FREE

Instructor: Sheilah H., MSU Extension

For people with or without arthritis, Tai Chi for Arthritis and Fall Prevention is a good way to start your journey to better health. It is an enjoyable and safe set of forms which delivers many health benefits, including: improved muscle strength, coordination, and flexibility; better balance and decreased risk of falls. This class is for those who have previous Tai Chi experience, and preferably have completed the Tai Chi for Arthritis and Fall Prevention program



WALKING WITH THE WOLVES

Every other Friday

3pm - 4pm

Walking inside Chippewa Middle School

Healthy snacks and beverages will be provided.



WALKING GROUP

Monday & Friday

3 - 4 pm

FREE

Inside Chippewa MS

FITNESS ROOM

Fitness room is open

Monday - Friday

9:30 am and 3:30 pm.

FREE

INTEGRATIVE HEALTH

NEW MINDFULNESS WITH SHEILAH

Wednesdays

1pm - 1:45pm

Starting January 10th

FREE

Provided by Sheilah MSU Extension

Stress Less With Mindfulness introduces participants to the experience and practice of mindfulness, with a goal of reducing stress. Mindfulness can be defined as paying attention in a particular way; on purpose, in the present moment and non-judgmentally. Research has shown that practicing mindfulness is effective in reducing stress-related symptoms such as worry, depression and physical tension, and may be helpful in managing chronic conditions.

Stress Less with Mindfulness teaches and encourages the use of mindfulness self-care skills to help one feel better and enjoy life more. The program covers mindful breathing, mindful eating, physical processes in the brain and body and mindful laughter.



MASSAGE WITH SCOTT

Tuesdays

15 minute appointments available

10 am - 2 pm

Cost \$15 members / \$20 non members

Our massage therapist Scott, uses unique techniques that are derived from Swedish massage, sports massage, Thai massage and Shiatsu.



REIKI WITH JOAN

30 minutes - By appointment only

Cost: \$35 members / \$40 non members

Joan specializes in Reiki, a healing touch and stress reduction technique to promote a greater level of well-being for older adults.



REFLEXOLOGY WITH ALYSSA

Thursdays

15 Minute appointments available

10am - 12 noon

Cost: \$15 members / \$20 non members.

Reflexology is a type of therapy that uses gentle pressure on specific points along your hands and feet for stress relief and relaxation.



SPORTS & GAMES

BEGINNER

BEGINNERS BILLIARDS

Monday & Wednesday 11am - 12 noon

BEGINNERS TABLE TENNIS

Tuesday
1pm - 2pm

OPEN SPORTS

OPEN BILLIARDS

Monday & Wednesday 12pm - 4pm

OPEN TABLE TENNIS

Tuesday
2pm - 4pm



THESE GROUPS ARE GROWING AND ALWAYS WELCOMING NEW PLAYERS! STOP IN TO PLAY OR GET A REFRESHER!

Euchre

Monday
12:30pm - 4pm
Wednesday
12:30pm - 4pm

Hand Knee & Foot

Monday
12:30pm - 4pm

Open Games

Tuesday
1:30pm - 3:30pm

Bingo

Every Other Tuesday
January 16th & 30th
February 13th & 27th
12:30pm - 2:30pm

Mah Jongg

Wednesday
1pm - 4pm

Party Bridge

Thursday
1pm - 4pm



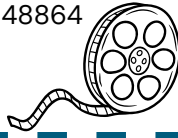
ON THE ROAD

STUDIO C

Friday, January 26th

Movie and time to be determined by January 12th
Address 1999 Central Park Dr, Okemos, 48864

Everyone will pay on their own at the theater. Please let us know you will be joining us by signing up.



ART UNLIMITED: PAINTING POTTERY

Friday, February 2nd at 12:30 pm

Cost: Pay at the studio – cost varies by piece

Let us know you are coming by signing up at the senior center by January 26th



BOWLING AT CITY LIMITS

Friday, February 16th

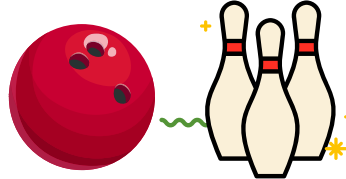
12:30 pm

Cost: \$7 Includes lane rental, pizza and soda.

Shoe rental is \$4.00

Address: 801 Cedar St. Mason, Mi 48854

Pre registration & payment required by February 9th



JANUARY & FEBRUARY PROGRAMS

PLEASE TAKE NOTE OF PRE-PAYMENT REQUIREMENTS

NEW FIBRE CIRCLE

Tuesday, Jan. 9th & Feb. 6th

12:30 pm

Let us know you are interested by signing up at the senior center

Bring in whatever you are working on at home or start a project here at the center.



NEW CRAFT CIRCLE

Tuesday, Jan. 23rd & 20th

12:30 pm

Bring in whatever you are working on at home or start a project here at the center.

Let us know you are interested by signing up at the senior center.



NEW TECH HELP WITH ACTION

Tuesdays

January 9th & 23rd

February 6th & 20th

3 pm - 4:15 pm

Volunteers from OHS ACTION (All Connecting To Improve Our Neighborhood) will be available to assist and help with your tech related questions and concerns!



FAMILY TREE

Thursday, January 11th

3 pm

Presented by: Senior Center member, Jack Johnson

Have you ever been curious about your family's ancestors- who they are, where they lived, and what they did for a living? One of our own senior center members, Jack Johnson, will be here to share his experiences in researching family histories. There are various online sites that can be used to help you discover your family roots. Jack will provide you with some resources that can be used to identify your family genealogy. He will also share some of the "Do's and Don'ts" to find the information you need and how to ferret out the good information from the unreliable on your family's history. Join us to learn more and hear how Jack has worked with various families to create family trees.



LOW BACK PAIN

Friday, January 19th

11am

Co Sponsor: American House & Powerback

Presentation by: Powerback

Suffering from lower back pain? You won't want to miss this FREE presentation by Powerback. Snacks and beverages will be provided, thanks to our sponsors!



JANUARY & FEBRUARY PROGRAMS

TACO AND TRIVIA NIGHT

Thursday, January 25th

Dinner at 5:30 pm

Trivia will begin promptly at 6 pm

Doors open at 5:15 pm

Cost: \$5 pp // Tickets will go on sale Friday, December 8th – Friday, January 19th

Think you know it? Come test your knowledge and have a great time! Tacos, chips & salsa, beverages and dessert will be served before trivia begins. Prizes for the winners! Trivia provided by Tunes DJ



SENIOR SOCIAL

Thursday, February 15th

4:30 – 6:30 pm

Spag's Bar & Grill 1268 E. Grand River Ave. Williamston, MI 48895

Cost \$5 pp and includes Dinner, beverage, games, dancing, socializing and fun

Tickets will go on sale Monday, January 8th – Friday, February 9th



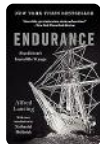
BOOK CLUB

Monday, January 22nd at 11am

- *Endurance* by Alfred Lansing

Monday, February 26th at 11am

- *The Personal Librarian* by Marie Benedict & Victoria Christopher Murray



KEYS TO EMBRACING AGING

Monday

February 26th

1pm

Presented by Abigail Cudney, Health Educator, MSU Extension



Establishing healthy lifestyle behaviors throughout your life influences optimal aging. This informational series discusses the keys to health including, having a positive attitude, eating smart, physical activity, social activity, stress management, sleep, and more. Practiced throughout the lifespan, these lifestyle behaviors contribute to health, well-being, life quality and even longevity. The important thing to remember, though, is that is NEVER TOO LATE to incorporate health and wellness into your life. Join me in this series of presentations to learn more!

SNAP COUNSELING

Wednesdays

Starting February 7th

12:30pm – 2:30pm

With Katie Love

Supplemental Nutrition Assistance Program (SNAP) is a federal nutrition program, helping American's afford food. If you are unable to afford groceries or struggle with deciding what necessities are in the budget, you may be eligible for food assistance benefits. Katie Love joins us for SNAP counseling to help navigate this program, eligibility, and enrollment.



JANUARY & FEBRUARY BIRTHDAY CELEBRATION

Thursday, February 22nd

12 noon

Cost \$7 pp Registration and payment due by Friday, February 16th. Free for those celebrating a Jan. or Feb. Bday. Includes lunch, dessert, beverage, bingo and prizes.



HAWAIIAN LUAU

Thursday, February 29th

1 pm

Cost \$5 pp // Registration and pre-payment required by Friday, February 23rd.

Co-Sponsored by American House

Grab your Hawaiian shirts or grass skirts, it's time for a winter Luau. There will be Hawaiian music, games and tropical Charcuterie cups and beverages.



January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
CLOSED FOR WINTER BREAK						
7	8 10 Jazzercise 11 Beginner Billiard Open 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 3 Walking Group	9 10 Massage by appointment 11:30 Yoga 12:30 Fibre Circle 1 Beginner TT 2 Open TT 3 Tech Help with ACTION	10 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	11 10 Reflexology by appointment 1 Party Bridge 3 Family Tree	12 3 Walking Group	13
14	15 CLOSED Martin Luther King, Jr. Day	16 10 Massage by appointment 11:30 Yoga 12:30 Bingo 1 Beginner TT 2 Open TT	17 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	18 10 Reflexology by appointment 1 Party Bridge	19 11 Low Back Pain Presentation 3 Walking Group	20
21	22 10 Jazzercise 11 Beginner Billiard Open 11 Book Club 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 3 Walking Group	23 10 Massage by appointment 11:30 Yoga 12:30 Craft Circle 1 Beginner TT 2 Open TT 3 Tech Help with ACTION	24 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	25 10 Reflexology by appointment 1 Party Bridge 5:30 Taco & Trivia	26 Studio C Movie Meet Up 3 Walking Group	27
28	29 10 Jazzercise 11 Beginner Billiard Open 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 3 Walking Group	30 10 Massage by appointment 11:30 Yoga 12:30 Bingo 1 Beginner TT 2 Open TT	31 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves			

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10 Reflexology by appointment 1 Party Bridge	2 12:30 Art Unlimited 3 Walking Group	3
4	5 10 Jazzercise 11 Beginner Billiard Open 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 3 Walking Group	6 10 Massage by appointment 11:30 Yoga 12:30 Fibre Circle 1 Beginner TT 2 Open TT 3 Tech Help with ACTION	7 10 Jazzercise 11 Ad. Board Mtg. 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 12:30 SNAP 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	8 10 Reflexology by appointment 1 Party Bridge	9 3 Walking Group	10
11	12 10 Jazzercise 11 Beginner Billiard Open 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 3 Walking Group	13 10 Massage by appointment 11:30 Yoga 12:30 Bingo 1 Beginner TT 2 Open TT	14 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	15 10 Reflexology by appointment 1 Party Bridge	16 12:30 City Limits 3 Walking Group	17
18	19 CLOSED Presidents' Day	20 10 Massage by appointment 11:30 Yoga 12:30 Craft Circle 1 Beginner TT 2 Open TT 3 Tech Help with ACTION	21 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	22 10 Reflexology by appointment 12 Jan/Feb Birthday Luncheon 1 Party Bridge	23 3 Walking Group	24
25	26 10 Jazzercise 11 Beginner Billiard Open 11 Book Club 12 Open Billiards 12:30 Euchre 12:30 Hand Knee and Foot 1 Embrace Aging 3 Walking Group	27 10 Massage by appointment 11:30 Yoga 12:30 Bingo 1 Beginner TT 2 Open TT	28 10 Jazzercise 11 Beginner Billiard 12 Open Billiards 12:30 Euchre 1 Mindfulness 1 Mah Jongg 2 Tai Chi 3 Tai Chi Part 2 3 Walking with the Wolves	29 10 Reflexology by appointment 1 Hawaiian Luau 1 Party Bridge	3 Walking Group	



Meridian Senior Center 2024 Membership Renewal



Member Name(s) _____ / _____

- Renewing membership as an individual
- Renewing membership as a couple
- Do you have any changes to your address, phone number, or email address?
If yes, please provide below:

Address _____ City: _____ Zip: _____
 Home Phone (____) _____ Alternate Phone (____) _____
 Email (please print clearly) _____

In Case of Emergency

Contact Name _____
 Relationship _____ Phone # _____

Would you like to make a tax deductible donation to the Meridian Senior Center?
 Yes _____ Amount: \$ _____ No _____

I have read and understand the code of conduct, safety and security protocol and notice of participation of the Meridian Senior Center. **This form must be signed and dated in order for this application to be valid.****

Signature: _____ Date: ____/____/____

Membership Pricing for 2024

Resident: Meridian Township Resident Non Resident: Lives outside of Meridian Township

Resident --	\$25.00 (Single)	\$35.00 (Couple)
Non Resident--	\$35.00 (Single)	\$45.00 (Couple)

Make Checks Payable to: Meridian Senior Center 4000 Okemos Rd. Okemos, MI 48864

How would you like to receive your Newsletter? Mail _____ Email _____

Please list types of medical conditions you think we should be aware of or medications you are taking:

Allergies:

Drug _____ Food _____ Other _____

Would you be interested in Volunteering? ____ Yes ____ No Are you a Veteran ____ Yes ____ No

For Office Use Only

Date _____ Processed by _____ Key tag # _____ Amount Paid \$ _____
 MySC _____ RecPro _____

NOTICE OF PARTICIPATION

This notice is to inform participants that 911 will be called for perceived medical emergencies. In such an occurrence senior center staff, volunteers or representatives are released from all liability. This falls under the good Samaritan act.

As part of the public programs at the center, pictures and videos are taken to be used for promotion of the center's activities.

Waiver

In consideration of your accepting my entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I may have against Meridian Senior Center, Meridian Township Parks and Recreation Dept., Okemos Public Schools., and its representatives, successors and assigns for any and all injuries suffered by myself at any activity sponsored by these groups. I understand that I am encouraged to maintain proper insurance coverage for myself during the duration of my participation and specified activities with this Department. I do hereby certify all the above information to be correct and true.

I have read and understand the code of conduct, safety and security protocol and notice of participation of the Meridian Senior Center. **This form is signed and dated at the bottom of my application in order for this application to be valid.

CODE OF CONDUCT

The Meridian Senior Center in Okemos, MI is a community based organization dedicated to improving the lives of older adults in our community. It is important that members, volunteers, guests and staff avoid behavior that infringes on the rights, welfare and enjoyment of others. Participation in the organization's programs is dependent on the observance of the Center's rules and procedures. The activities outlined below are strictly prohibited. Any participant, volunteer or guest who violates this code is subject to censure, up to and including removal from the program.

- Discourtesy, actual or threatened violence, harassment, abusive language or bullying.
- Unauthorized materials such as explosives, firearms, weapons or other similar items.
- Attending activities at the Senior Center while under the influence of drugs or alcohol.
- Conduct endangering the life, safety, health or well-being of others.
- Abuse of the Center or its contents, including littering, misuse, theft or abuse of the building, equipment or supplies.
- Violation of any federal, state, school, township or county laws and ordinances.
- Failure to follow School/Center emergency procedures and drills. Failure to follow any agency or school policy or procedure.

The Advisory Board and designated volunteer members will assist the staff in enforcing this code of conduct.

**Okemos Public Schools has a Zero Tolerance policy for drugs, alcohol, and weapons.

CORRECTION STEPS

1. First offense: a documented verbal warning
 - a. Meet with participants to discuss conduct policy.
 - b. Discuss inappropriate behavior and the violation that occurred.
 - c. Advise the participant that continued inappropriate behavior may result in suspension from programs.
 - d. Make a record of the incident, and provide a copy to the participant.
 - e. Record to be kept for two full calendar years
2. Second offense: a documented written warning
 - a. Meet with participants to discuss violation(s).
 - b. Make a record of the incident, and provide a copy to the participant.
 - c. Issue suspension to participants for up to five days of program operations. (Not counting weekends, holidays or other days the center is closed).
 - d. Length of suspension to be determined by staff and advisory board members.
 - e. Record to be kept on file for four full calendar years.
3. Incidents of imminent danger
 - a. Handle imminent danger to persons or property as a police matter.
 - b. When appropriate, call 911 (8-911) to protect the safety of participants and staff at the Center.
 - c. To be kept on file indefinitely

Taco *And* Trivia Night



When: Thursday, January 25th

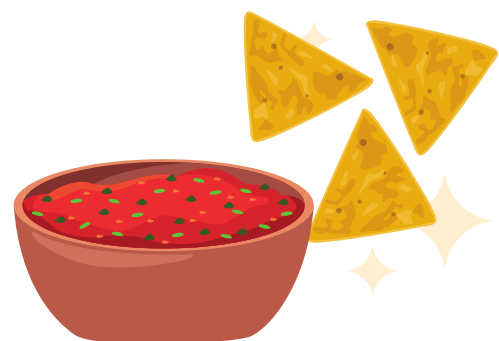
Tacos, Chips & Salsa served at **5:30pm** // Trivia Begins at **6:00pm**

Where: Meridian Senior Center
4000 Okemos Road - East Wing of Chippewa Middle School

Cost: Tickets are \$5 per person

It's time to test all that miscellaneous knowledge! Join us for our first Taco & Trivia Night! Tacos, chips and salsa will be served before Trivia begins.

 **Get your ticket by January 19th - Call (517) 706-5045**





SENIOR SOCIAL

THURSDAY, FEBRUARY 15TH

4:30PM - 6:30PM

✦ **Spag's Bar & Grill** ✦

1268 E. Grand River Ave. Williamston

**Cost: \$5 pp - Includes dinner, beverage, games,
dancing, socializing and fun!**

Tickets go on sale Monday, Jan. 8th - Friday, Feb. 9th

